

# Writing Our Lives: A Spiritual Memoir Group



Writing about life events can imbue them with new meaning and clarity.

Through in-class and at-home exercises eliciting spiritual memories and connections, we will create a body of work that reveals the sacred in our lives.

No writing experience necessary.

*Facilitated by Rabbi Pamela Wax,  
WJCS Spiritual Care Coordinator*

**4 Mondays**

**February 27, March 26, April 30 & May 21**

**12:30 – 2:00 PM**

**Jewish Community Center of Mid-Westchester  
999 Wilmot Road - Scarsdale**

**To register, contact Rabbi Wax**

at

**761-0600 X149 or [pwax@wjcs.com](mailto:pwax@wjcs.com)**

*This program is offered by the WJCS Jewish Spiritual Healing Center  
and co-sponsored by the WJCS White Plains Senior Program  
and  
the Jewish Community Center of Mid-Westchester*

